



# Core Values Score

Name: \_\_\_\_\_

Date: Q1 Q2 Q3 Q4 20\_\_

HOW ARE YOU LIVING ACCORDING to your core values? Circle a number from 1 to 10 next to each of the following areas related to your professional and personal core values, where a “1” means ignoring the value most of the time, and a “10” means fully living and honoring it daily.

	Professional Core Values	Ignoring	Honoring
1		1 2 3 4 5 6 7 8 9 10	
2		1 2 3 4 5 6 7 8 9 10	
3		1 2 3 4 5 6 7 8 9 10	
4		1 2 3 4 5 6 7 8 9 10	
5		1 2 3 4 5 6 7 8 9 10	
6		1 2 3 4 5 6 7 8 9 10	
7		1 2 3 4 5 6 7 8 9 10	
8		1 2 3 4 5 6 7 8 9 10	
9		1 2 3 4 5 6 7 8 9 10	
10		1 2 3 4 5 6 7 8 9 10	

	Personal Core Values	Ignoring	Honoring
1		1 2 3 4 5 6 7 8 9 10	
2		1 2 3 4 5 6 7 8 9 10	
3		1 2 3 4 5 6 7 8 9 10	
4		1 2 3 4 5 6 7 8 9 10	
5		1 2 3 4 5 6 7 8 9 10	
6		1 2 3 4 5 6 7 8 9 10	
7		1 2 3 4 5 6 7 8 9 10	
8		1 2 3 4 5 6 7 8 9 10	
9		1 2 3 4 5 6 7 8 9 10	
10		1 2 3 4 5 6 7 8 9 10	